

Griddles Breakfast

Buttermilk Pancakes

Short stack (2) \$7 Full stack (3) \$8

Chocolate Chip Pancakes

Short stack (2) \$8 Full stack(3) \$9

Fruity Pancakes

Blueberries, strawberries and bananas, \$12

J&G French Toast

Topped with strawberries, bananas and Vanilla rum sauce. \$9.5

* Breakfast Sandwich

Served with home fries.

- Bacon (2) eggs and cheese. \$7.50
- Ham (2) eggs and cheese. \$7.50
- Canadian bacon (2) eggs and cheese. \$7.75 muffin topped with hollandaise sauce

* Extra Choice

Served with home fries and toast. 2 eggs scrambled or fried with sausage, bacon, ham \$8 or steak. \$12

Omelets

Served with home fries and toast.

- Cheese omelet \$7.50
- Bacon and cheese \$8.50
- Sausage and cheese \$8.50
- Ham and cheese \$8.50

The Veggie Omelet

Peppers, onions, mushrooms and tomatoes and cheddar. \$9.50

Mexican Style Omelet

Chorizo, avocado, black beans salsa and crema \$13

Greek Omelet

Spinach, tomatoes, black olives and feta cheese \$12

* Poached

Classic Eggs Benedict

Grilled Canadian bacon served on English served with home fries \$-12

- · 2 poached eggs, bacon ,avocado on English muffin topped with hollandaise sauce served
- with home fries \$12
- 2 poached eggs tomato, spinach, avocado on English muffin topped with hollandaise sauce served with home fries \$11.

Omelet add ons

Onion, cheese, mushrooms, peppers, tomatoes, spinach, broccoli \$1 Bacon, sausage, ham, \$1.50 Avocado \$ 2.50

Entrees

Lobster Alfredo

Fresh lobster meat, tossed with Alfredo sauce and fettuccine pasta. \$30

Pan Seared Scallops Pasta

Wild mushrooms, cherry tomatoes, spinach and pink sauce served over linguine. \$30

Seafood Fra Diavolo

Fresh mussels, calamari, shrimp, cod, and salmon, tossed in a tomato stew served over linguine. \$32

Chicken Piccata

Lemon Caper Butter over mashed potatoes and seasonal vegetable \$24

Lobster Macaroni -N- Cheese

Fresh lobster meat baked with macaroni and cheese sauce. \$30

Shrimp Scampi

Jumbo shrimp, asparagus, mushrooms, cherry tomatoes over risotto. \$28

* Salmon Entree

Pan seared salmon glazed with maple honey served with Basmati rice and asparagus. \$29

Classic Baked Cod

Parmesan crusted with lemon, garlic butter with mushed potatoes, and seasonal vegetables. \$28

* Cast Iron N.Y. Strip

Garlic rosemary butter served with mashed potatoes and roasted asparagus. \$38

* Cast Iron Filet Mignon

Coffee seasoning, steak sauce, baked sweet potato and green beans \$38

Additions & Sides

- Roasted Asparagus \$7
- Steamed Broccoli \$5
- Vegetable Risotto \$7
- Baked Sweet Potatoes \$4
- French fries \$4.

Lunch

Fish & Chips

Lightly buttered cod deep fried tartar sauce cole slaw and french fries. \$24

Lobster Roll

Fresh lobster, mixed with mayonnaise, celery or hot buttered on torpedo roll. \$28

* Salmon Sandwich

Blackened and gilled, on ciabatta with guacamole & topped with lettuce and tomato. \$24

Pesto Chicken Sandwich

Grilled chicken, fresh mozzarella, basil pesto, topped with lettuce, and tomato. \$15

Lobster Grilled Cheese

Buttered lobster, avocado, American cheese on Texas toast. \$30

Classic Fish Sandwich

Fresh deep fried Cod on ciabatta with tartar sauce. \$21

* All a Board Burger

Angus ground beef, bacon, cheese, lettuce, tomato and onion on bulky roll. \$16

Tacos

Blackened fish, your choice (cod, salmon, tuna) with lettuce, pico de gallo, drizzled with avocado puree. \$24

* Southwest Steak Wrap

Grilled N.Y Steak, peppers, onion, black bean salsa, chipotle mayo. \$15

All sandwiches served with fries and cole-slaw

Starters

New England Clam Chowder. \$8 Rhode Island Clear Chowder. \$8 Lobster Bisque \$8

Calamari

Lightly dusted, deep fried fresh Calamari and Banana peppers server with marinara sauce. \$15.

Jumbo Shrimp Cocktail

House-made cocktail sauce and lemon. \$3.25 each.

Steamed Mussels

Fresh herb butter & white wine with garlic Bread. \$15

* Tuna Poke

Fresh sashimi grade diced Tuna, marinated poke sauce, scallions, avocado and sesame seeds on bed of sliced cucumber \$18

* Clam Casino

Littleneck clams stuffed with onion, pepper, bacon pepper jack cheese and garlic butter. \$14

(*) Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.

Salads

Caesar Salad

Romain lettuce, croutons parmesan cheese and caesar dressing \$8

House Salad

Arcadian greens, dried cranberries, pears, toasted pepitas, feta cheese and cranberry dijon Vinaigrette \$12

Spinach Salad

Baby spinach, pickled onion, cherry tomatoes, cucumber, cheddar cheese and citrus Vinaigrette \$12

Salads Enhancers

- · Grilled Jumbo Shrimp 3.25 each.
- Grilled Salmon \$14.
- · Grilled Chicken \$ 6.
- · Seared Sea Scallops \$3 each.
- * Grilled N.Y. Steak \$12

Kids Menu

Grilled Cheese with fries \$7

Hot Dog with fries. \$7

Chicken Finger with fries \$9

* Cheese Burger with fries \$11

Macaroni N Cheese. \$8

Hours

Mon-Tues

11:30 ann - 9 pm

Wed-Sun

Brackfast Med-Sun

Brackfast Med-Sun

Brackfast Med-Sun

Brackfast Med-Sun

Bam-12pm